



Planning a Florida Heritage Garden (zones 8b and 9a)



Common Name	Other Names	J	F	M	A	M	J	J	A	S	O	N	D
Aloe <i>Aloe Vera</i>	芦荟 (lú huì, Mandarin), अगरू (agaroo, Hindi), कुंवारा (kunvāra, Gujarati), dacar cas (Somali), sábila (Swahili), نبات الصبار (nabat alsabar, Arabic)												
Bay leaf <i>Laurus Nobilis</i>	Bay laurel or sweet bay (English), Feuille de laurier (French), 月桂叶 (yuè guì yè, Mandarin), बे पत्ती (Be Pattee, Hindi), અટકાયા વગરનુ (Aṭkāyā vagaranu, Gujarati), Majani ya Bay (Swahili)												
Bitter Melon <i>Momordica charantia</i>	Balsam pear, goya melon, or bitter squash (English), 苦瓜 (kǔ guā, Mandarin), करेला (karela, Hindi), الحنظل (alhanzil, Arabic)												
Black-eyed Peas <i>Vigna unguiculata</i>	Cowpea, southern pea or field pea (English), 眉豆 (méi dòu, Mandarin), imbumba (Zulu), pois à vache (French), dinawa (Setswana)												
Bok Choi <i>Brassica rapa subsp. chinensis L.</i>	白菜 (bái cài, Mandarin), chou de Pékin (French), અઈકોન મૂળી (Hāya cōī, Gujarati)												
Cassava <i>Maniöth esculenta</i>	Aipim or mandioca (Portuguese), muhogo (Swahili, Africa) manioc, yuca, tapioca or guacamote (Spanish), 木薯 (mù shǔ, Mandarin), umdumbula (Zulu, Africa)												
Celosia <i>Celosia sp.</i>	Cockscomb, wool flower, or quail grass (English), 鸡冠花 (jī guān huā, Mandarin), mfungu (Swahili), soko yokoto (Nigeria)												
Chaya <i>Cnidoscölus sp.</i>	Chaya col, chaykeken, or kikilchay (Mayan, Central America), Mayan tree spinach (English)												
Chayote <i>Sechium edule</i>	Custard marrow or Buddha's hand (English), mirliton (Cajun, Haitian Creole), choko (Australia), xuxu (Brazil), chu chu (Jamaica), 佛手瓜 (fó shǒu guā, Mandarin)												
Collards <i>Brassica oleracea</i>	Borecole, flowering kale or fodder kale (English), 宽叶羽衣甘蓝 (kuān yè yǔ yī gān lán, Mandarin), kola (Swahili), couve (Brazil and Portugal), kovi or kobi (Spanish), haak (Kashmir), sukuma wiki (East Africa), col forrajera, kovi or kobi (Spanish), haak (Kashmir), sukuma wiki (East Africa)												
Colorful Potatoes <i>Solanun tuberosum</i>	Papa (Quechua, Peru), pomme de terre (French), रंगीन आलू (rangin aloo, Hindi), રંગબેરંગી બટાટા (rangabēraṅgī baṭāṭā, Gujarati), البطاطس (albatitis, Arabic), 七彩马铃薯 (qī cǎi mǎ líng shǔ, Mandarin)												
Daikon Radish <i>Raphanus sativus longipinnatus</i>	长白萝卜 (cháng bái luó bō, Mandarin), मूली (Muli, Hindi), અઈકોન મૂળી (dā'ikōna mūlō, Gujarati), Dabocase (Somali)												
Fig <i>Ficus sp.</i>	Figure (French), higo (Spanish), 无花果 (wú huā guǒ< Mandarin), अंजीर (anjeer, Hindi), ફિગ (phiga, Gujarati), Matunda ya Mtini (Swahili), تين (teen, Arabic)												
Garlic Chives <i>Allium tuberosum</i>	Chinese leeks or oriental garlic (English), 韭菜 (jiǔ cài, Mandarin), हरा लहसुन (Hara lehsun, Hindi), લાસણ ચવિસ (Lasāṇa civsa, Gujarati), toon (Somali), maroi nakuppi (Manipurī, India)												

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Ginger <i>Zingiber sp.</i>	姜 (jiāng, Mandarin), gengembre (French), अदरक (Adrak, Hindi), આદુ (Ādu, Gujarati), Tangawizi (Swahili) Sinjibiisha (Somali), زنجبيل (zanjabil, Arabic), jengibre (Spanish)												
Kiwano <i>Cucumis metuliferus</i>	African horned cucumber, horned melon or jelly melon (English), 非洲角黄瓜 (fēi zhōu jiǎo huáng guā, Mandarin), gaka or gakachika (Southern Africa)												
Lavender <i>Lavandula angustifoli</i>	Lavande (French), 薰衣草 (xūn yī cǎo, Mandarin), લવંડર (Lavaṇḍara, Gujarati), الخزامى (alkhuzamma, Arabic), lavanda (Spanish)												
Malabar <i>Basella sp.</i>	Ceylon spinach or Indian spinach (English), 锡兰菠菜 (xī lán bō cài, Mandarin), મલબાર પાલક (Malabāra pālaka, Gujarati)												
Mint <i>Mentha sp.</i>	Menta (Spanish), menthe (French), 薄荷 (báo hé, Mandarin), टकसाल के पत्ते (Taksal ke patte, Hindi), ଫୁଡ଼ିନା (Phudīnā, Gujarati), Mnanaa (Swahili), Reexaanta (Somali)												
Mizuna <i>Brassica juncea</i>	Japanese mustard or potherb mustard (English), 水菜 (shuǐ cài, Mandarin), મિજુન (Mijhunā, Gujarati), ミズナ (kyona, Japan)												
Molokhiya <i>Corchorus olitorius</i>	Egyptian spinach or Jew's Mallow (English), 埃及菠菜 (āi jí bō cài, Mandarin), corète potagère or chanvre du bengale (French), kren-kre (Sierra Leone), ewedu (Yoruba), Ademe ewe or Ayoyo (Ghana)												
Muscadine Grape <i>Vitis rotundifolia</i>	Grain de raisin (French), scuppernong (United States), मस्कैडिनि अंगूर (Maskaidin Angoor, Hindi), મસ્કૈડિન દ્રાક્ષ (Maskāḍīna drākṣa Gujarati), Zabibu ya Muscadine (Swahili), Canabka Muscadine (Somali), uva (Spanish), 麝香葡萄 (shè xiāng pú tao, Mandarin), عنب (einab, Arabic)												
Mustard <i>Brassica juncea</i>	Chinese mustard, Indian mustard or mustard greens (English), 芥末 (jiè mò, Mandarin), khardal (Somali), haradali (Swahili), rayo (Nepali)												
Nopal <i>Opuntia sp.</i>	Prickly pear cactus (English), sabra (Hebrew), cactus du figue barbarie (French, Haiti), Kāṇṭādāra pi'ara (કાંટાદાર પીરાર (Gujarati)												
Okra <i>Abelmoschus esculentus</i>	Gumbo (Wolof, West Africa), ladyfingers (English), 秋葵, 羊角豆 (yáng jiǎo dòu, Mandarin), भंडी (Bhindi, Hindi), Bamia (Swahili and Arabic), Quingombó (Spanish), Okra (Yoruba, West Africa)												
Olive <i>Olea europaea</i>	जैतून (jaitoon, Hindi), ઓલિવ (Ōliva, Gujarati), Saytuunka (Somali), matunda ya zaituni (Swahili), زيتون (zaytoon, Arabic), 橄榄 (gǎn lǎn, Mandarin), aceituna (Spanish)												
Oregano <i>Origanum vulgare</i>	Origan (French), wild marjoram (English), 牛至 (niú zhì, Mandarin), الزعتر البري (alzaetar albariyu, Arabic)												
Parsley <i>Petroselinum crispum</i>	Persil (French), 香菜 (Xiangcai, Mandarin), باقلاوس (baqḍwās, Arabic), अजमोद (Ajamod, Hindi), કોથમરિ (Kōthamarī, Gujarati), perejil (Spanish)												
Pigeon Peas <i>Cajanus cajan</i>	Gandul (Spanish), तूर (toor, Hindi), 印度的)木豆 (yīn dù de, Mandarin), કબૂતરા વટાણા (Kabūṭara vaṭāṇā, Gujarati), mbaazi ya njiwa (Swahili), digir xamaam (Somali)												
Pomegranates <i>Punica granatum</i>	Granada (Spanish), 石榴 (shí liú, Mandarin) अनार (Annar, Hindi), દાદમ (Dāḍama, Gujarati), Makomamanga (Swahili), rummaanka (Somali), رمان (rumaan, Arabic)												
Roselle <i>Hibiscus sabdariffa</i>	Florida cranberry or Indian sorrel (English), 洛神花 (luò shén huā, Mandarin), રોઝેલ (Rōjhēla, Gujarati), کركديه (karkadeh, Arabic), isápá (Yoruba), yakuwa (Hausa)												

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Rosemary <i>Salvia rosmarinus</i>	Romarin (French), 迷迭香 (mí dié xiāng, Mandarin), إكليل الجبل (iiklil aljabal, Arabic), romero (Spanish)	🌱									🌱		
Shiitake mushroom <i>Lentinus edodes</i>	Black forest mushroom, 香菇 (xiāng gū, Mandarin), શનિદે મશરૂમ (Śitākē maśarūma, Gujarati), likaha shiitake (Somali), Uyoga wa Shiitake (Swahili)	🍄										🍄	
Sweet Potato ❄️ <i>Ipomoea batatas</i>	Batata (Hebrew), camote (Central America and Phillipines), cumar (Quechua, Peru), patate douce (Cajun), 甘薯 (gān shǔ, Mandarin), शकरकंद (shakarkand, Hindi), ሳካሪያ (Sakkariyā, Gujarati), mitatis (Ethiopia)				🌱								
Tarragon ❄️ <i>Tagetes lucida</i>	Mexican mint marigold (English), yauhtli (Central America), 龙蒿 (lóng hāo, Mandarin), estragón (Spanish)		🌱	🌱	🌱	🌱					🌱	🌱	
Thyme <i>Thymus vulgaris</i>	百里香 (bǎi lǐ xiāng, Mandarin), अजवायन के फूल (Ajavaayan ke phool, Hindi), થાઈમ (Thā'ima, Gujarati), tomillo (Spanish)		🌱	🌱	🌱							🌱	
Tomatillo ❄️ <i>Physalis ixocarpa</i>	Chinese lanterns or ground cherry (English), tomate milpero (Spanish), 粘果酸浆 (zhān guǒ suān jiā, Mandarin), Tomate milpero o tomate de cascara (Spanish)	🌱	🌱										
Turmeric ❄️ <i>Curcuma longa L.</i>	हल्दी (Haldee, Hindi), Safran des Indes (French), ሳፋፋር (Haladara, Gujarati), Manjano (Swahili), Huruud (Somali), كركم (kurkum, Arabic), 姜黄 (jiāng huáng, Mandarin)				🌱	🌱							

Legend



direct sow seeds into ground



frost sensitive



plant divisions or offshoots from parent plant



start indoors in pots



plant cuttings from parent plant



plant in trays and transplant seedlings



bury rhizomes or roots under soil



inoculate logs with spawn outdoors



planting



harvesting



Information presented here is for agricultural zones 8b and 9a. Data is based on information collected from farmers, partners, subject matter experts in Alachua County, and research conducted by Dr. Mirian Hay-Roe. Variations are likely due to differences in plant varieties, agricultural zones, weather, soil and other ecological variables.

For more information and resources on planting heritage foods in your area, visit FloridaHeritageFoods.com